

YINNAR PRIMARY SCHOOL

INNAR

NEWSLETTER #14

02 SEPT 2021

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CALENDAR 2021

SEPTEMBER

2 FATHERS DAY
PACKS \$10 EA
PICK UP IN THE
STADIUM

5 SEPTEMBER



6 NAIDOC WEEK

17 LAST DAY TERM



DO THE RIGHT
THING
SAY NO TO
BULLYING
BULLY NO WAY DAY!
FRIDAY 19TH OF MARCH



Principal's Report

Dear Parents and Caregivers,

We are heading into the final weeks of Term 3 and everyone is digging deep to maintain energy levels and motivation for online learning. I would like to acknowledge and thank everyone for their efforts and support for each other in our community. It is very easy to become frustrated and upset during such challenging times and it takes great strength to remain optimistic and able to approach difficulties with calm and empathy. We are all working through COVID-19 challenges together and it is the support, encouragement and smiles provided to each other that make all the difference.

Our staff work extremely hard to maintain a high level of learning opportunities for our students during online learning. This past week I have thoroughly enjoyed checking in on students' Seesaw pages and have been impressed with the evidence of learning. It is lovely to seeing the students sharing and explaining their learning. Sincere thanks to our parents who are working hard with their children and providing the support needed at home and after hours.

At the end of last week, you received your child's class newsletters on Compass. The feedback from many parents is that the class newsletters are a preferred option of communicating the happenings in the classroom. Teachers are now sending home newsletters **twice** per term. The class newsletter advertises upcoming events and dates, shares learning and activities, as well as some great photos. It is also great to note that Seesaw has become an efficient online platform for sharing the learning between school and the home. Our school newsletter will be uploaded to Compass and added to the school website twice per term and other school message will continue to be added to Compass notifications.

This week I set a challenge for all students to find the positives in each day. The challenge is called the **WWW Challenge (What Went Well)**. When we make a point to identify these, our brain is more likely to focus on the positives instead of the negatives. One way this can be achieved is through the creation of a dinner time conversation routine. For example, each family can provide an answer to the following questions: "What was one good thing about your day?", "What is one thing you are grateful for today?", "What is one thing you are proud of today?" and "What is one thing you are looking forward to?" I am looking forward to hearing from the students on Seesaw.

Families are thanked for their patience and cooperation as we work through each event on the calendar and advise which ones are able to go ahead and which events need to be rescheduled.

Kind Regards,

Christine



Madi

Zayne

Paddy

Fergus

Abbey

Willow

Skylah

Jonathan

Sonny

Elizabeth

Happy Father's Day

to all the Dad's for Sunday 5th September.

We hope you have an enjoyable day.

Our wonderful parent's club has put together a father's day pack for our students to purchase. They cost \$10 (sorry cash only) each and have a great variety of goodies in them.

The Father's Day Pack can be purchased from the stadium from tomorrow between 2.30pm and 4.00pm when you collect your child's learning pack.

Please remember to abide by the Covid safe rules and ensure you wear a mask and observe social distancing rules when on site.

What do ghosts use to wash their hair?

A: Sham-BOO!



How does the Man in the Moon cut his hair?

A. Eclipse it!



Did you hear the one about the little mountain?

A: It's hill-arious!



Knock! Knock!
Who's there..!
Wevill
Wevill who?
We will we will Rock you.

Why was the broom late for school?

A: It over-swept!



TIPS FOR TALKING TO CHILDREN ABOUT PERSONAL SAFETY



Article 12 of the United National Convention on the Rights of the Child states that children have the right to have a say in matters that affect them, and for adults to listen and take it seriously.

WHAT WE KNOW:

- Children have the right to feel able to speak up, and to be listened to, respected and believed.
- When we “tune into” children in everyday situations about even small worries, children are more likely to trust us and feel comfortable to tell us if something big is wrong.
- Speaking regularly to children about their safety is a powerful way to build open communication with them.
- It is always the responsibility of adults to keep children safe from harm - child abuse is never a child’s fault.



IDEAS FOR PARENTS AND CAREGIVERS:

- 
- Help children to identify trusted adults (both within the family and outside) they can talk to, if they are worried, upset, or don’t feel safe. Create a list together. Make sure the trusted adults know they are on your child’s list.
 - Remind children that they can talk to you or a trusted adult about anything, no matter how big or small their worry might be.
 - Talk to children about how they know when they feel safe or unsafe. Help them to listen to their early warning signs (how their body feels), and to trust their feelings and instincts.
 - Use everyday activities (such as preparing meals and snacks, going for walks, playing, shopping) as opportunities for conversations. If children are used to having lots of communication, it can make it easier to talk when big or tricky issues come up.
 - Be open to talking about all kinds of feelings, including anger, joy, frustration, fear and anxiety. This helps children to develop a ‘feelings vocabulary’.
 - Show children that you can respond sensitively to negative emotions as well as positive ones when they express their anger, embarrassment, sadness or fear.
 - Don’t rush into problem-solving. Your child might just want you to listen, and to know that their feelings and point of view matter to someone.

OTHER RESOURCES AND INFORMATION:

- 7 Steps to Safety - a tool for families to give children the skills and confidence they need to feel and be safe at home: www.territoryfamilies.nt.gov.au/children-and-families/7-steps-to-safety
- Australian Council on Children and the Media: www.childrenandmedia.org.au
- Office of the eSafety Commissioner: www.esafety.gov.au/education-resources/iparent
- Raising Children Network: www.raisingchildren.net.au
- Talk soon. Talk often.
A guide for parents talking to their kids about sex:
www.healthywa.wa.gov.au/Articles/S_T/Talk-soon-Talk-often
- National Society for the Prevention of Cruelty to Children (United Kingdom): www.nspcc.org.uk
- Net Aware (United Kingdom): www.net-aware.org.uk



If you work in an organisation that would like to know more about how to create a child-safe culture, contact NAPCAN about available training.

For more information about how you can play your part visit: www.napcan.org.au



NAPCAN NSW & ACT
NATIONAL SOCIETY FOR THE PREVENTION OF CRUELTY TO CHILDREN
www.napcan.org.au

Ways to Promote Children's Wellbeing During the COVID 19 Pandemic

Help your child stay active

- Regular physical activity can improve your child's physical and mental health.
- Ensure your child stays active every day while taking everyday preventive actions.
- Find ways to make physical activity a part of your child's life.
- Set a positive example by leading an active lifestyle yourself and making physical activity a part of your family's daily routine.

Help your child stay socially connected

- Reach out to friends and family via phone or video chats.
- Write cards or letters to family members who they may not be able to visit.

Help your child cope with stress

- The COVID-19 pandemic can be stressful for both adults and children.
- CDC has also developed several tools to help you care for your child's mental health and well-being.
- There is a COVID-19 Parental Resource Kit online which offers tools to help you understand your child's social, emotional, and mental health challenges according to their age group and promote their well-being during the COVID-19 pandemic.
- The Essentials for Parenting Toddlers and preschoolers page is another resource you can find online to provide guidance on how to address common parenting challenges, like tantrums and whining, and information on things you can do to build a positive, healthy relationship with your young children.

Please refer to the following link if you'd like any more information:
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/children.html>

Want \$500 to help you with school costs?

Saver Plus is a financial program for families and individuals on a tight budget to help with life-long savings habits.



To join Saver Plus, you must:

- ✓ Have a current Health Care or Pensioner Concession Card **AND** an eligible Centrelink payment*
- ✓ Be studying yourself **OR** have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)*
- ✓ Be 18+ years old

*Many types of income and Centrelink payments are eligible

Here are some of the school costs the \$500 can be used for:



For more information, please contact your local Saver Plus coordinator:



Richard Pemberton

DELIVERED BY



enquiriesSP@berrystreet.org.au



0407 567 312

Find out more at saverplus.org.au

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

What is Saver Plus?

- A free ten-month savings program providing financial education, budgeting and savings tips.
- Participants receive up to \$500 from ANZ in matched savings for education costs for themselves or their children.
- Delivered by Brotherhood of St Laurence, The Smith Family, Berry Street and other local community organisations.
- Offered in communities across Australia in every state and territory.

A Saver Plus Participant's Journey



Who can join?

- Participants must meet all of the below criteria:
- Be 18 years or over
 - Have a child at school or starting next year, or attend vocational education themselves
 - Have regular income from paid employment (themselves or their partner)*
 - Have a current Health Care or Pensioner Concession Card
 - Be in receipt of an eligible Commonwealth social security benefit, allowance or payment*

Benefits for participants¹

- 87% continue to save the same amount or more 3 to 7 years after completing the program
- 78% were better equipped for unexpected expenses
- 88% reported increased self-esteem
- 80% had more control over their finances

How did it start?

Saver Plus began in 2009 as a Brotherhood of St Laurence and ANZ pilot program with 268 participants in three sites across Victoria and New South Wales.

Since then, the program has expanded to all Australian states and territories, reaching more than 45,000 people, making it the largest and longest-running program of its kind in the world.

Since 2003²:

- 45,000+ participants
- \$24m+ total amount saved by participants
- \$19m+ matched funds paid by ANZ

Find out more

- 1300 610 355
- saverplus@bsl.org.au
- saverplus.org.au
- @SaverPlusAU



Guide for eligible savings goals

Eligibility:	Item
Education items that are eligible:	✓ Text books
	✓ Uniform mandatory for education (sports uniform included for children only)
	✓ Computers and tablets (new or purchased from a business that sells second hand)
	✓ Stationery
	✓ Furniture for studying (desk, chair, book shelves, desk lamp)
	✓ Tutoring specific to study
	✓ TAFE/VET/University fees
	✓ Computer Accessories (antiviral software, the Microsoft Office suite, monitor, modem, printer, external hard drives, other hardware etc.)
	✓ Bulk transport passes (monthly, 6 monthly and yearly passes) to school, university or TAFE
	✓ Equipment and industry specific clothing mandatory for vocational training. Please note that evidence must be provided to show that the equipment and/or clothing is a requirement for the course being undertaken
✓ Short courses & conferences that complement the vocational training being undertaken.	
For children only the following educational items are also eligible:	✓ Children's Primary and Secondary School items that are eligible: <ul style="list-style-type: none"> • Excursions, trips and camps • School bag, lunch box, drink bottle • School materials • Laptop Hire Scheme • School materials for specialist subject costs • School photos
	✓ Children's club or community activity items (e.g. sport, music, dance, scouts/girl guides, cadets, art): <ul style="list-style-type: none"> • Membership fees and lesson fees such as swimming or piano lessons • Equipment and uniform • Excursions, trips and camps
Not eligible:	✗ School fees
	✗ Childcare fees and school holiday programs
	✗ HECS-HELP debts
	✗ VET-FEE-HELP debts
	✗ Motor vehicles and accessories, driving lessons and car parking costs
	✗ Medical or health equipment
	✗ Glasses (prescription or otherwise)
	✗ Mobile Phones, Mp3 Players TV's or gaming consoles
	✗ Internet Plans
	✗ Shoes, clothes or accessories for school formals
✗ Shoes, clothes or accessories for outside school, including watches, wallets and purses	
✗ Non study related furniture	
✗ Bicycles	
✗ Gym memberships	
✗ Second hand goods not through registered dealer (with ABN)	
✗ Item purchased without a Tax Invoice that includes an ABN	

¹ Many types of income and Centrelink payments are eligible, please contact your local Coordinator for more information.

² RMIT University, 2018. A number of Saver Plus program evaluations have been carried out since 2003. For more information see www.anz.com/saverplus

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with The Smith Family, Berry Street and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.bsl.org.au for more information.

Some Fun Stuff

This optical illusion image is a row of open taps with blue water flowing down from each one of them. When you look at this picture can you see the blue water lines twist up and down as if they are flowing?

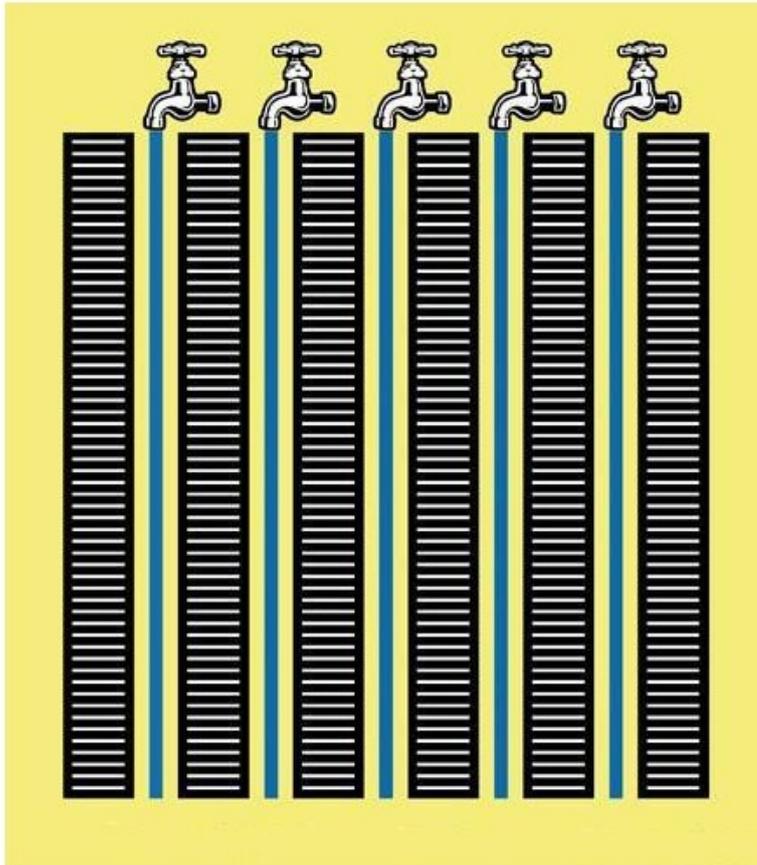
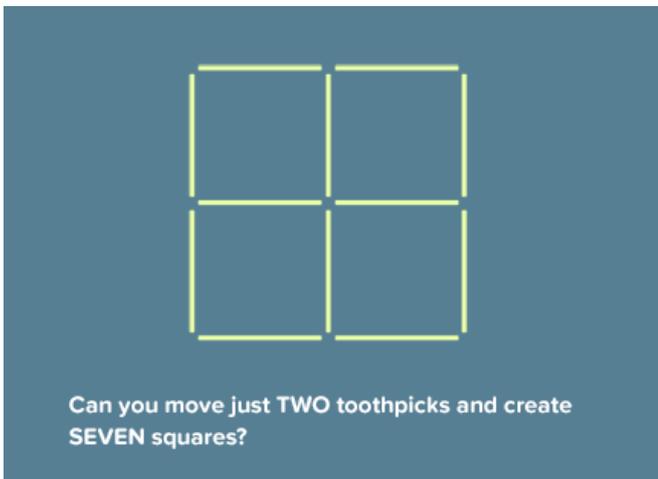


Image Credit: This image is believed to be in the public domain.

What kind of files will you find on a turtle's phone?
A: Shell-files

Why did the student eat his homework?
A: Because the teacher told him it was a piece of cake!

Toothpick Squares



Answers next newsletter

Pascal's Triangle

What number goes in the red blank?



No, the answer is NOT 4!

After you've figured the red blank out, can you fill in the next line of numbers?